

## Visualization Script

Describe your scenario here:

<p>STARTING POINT:</p> <p>ENDING POINT:</p>
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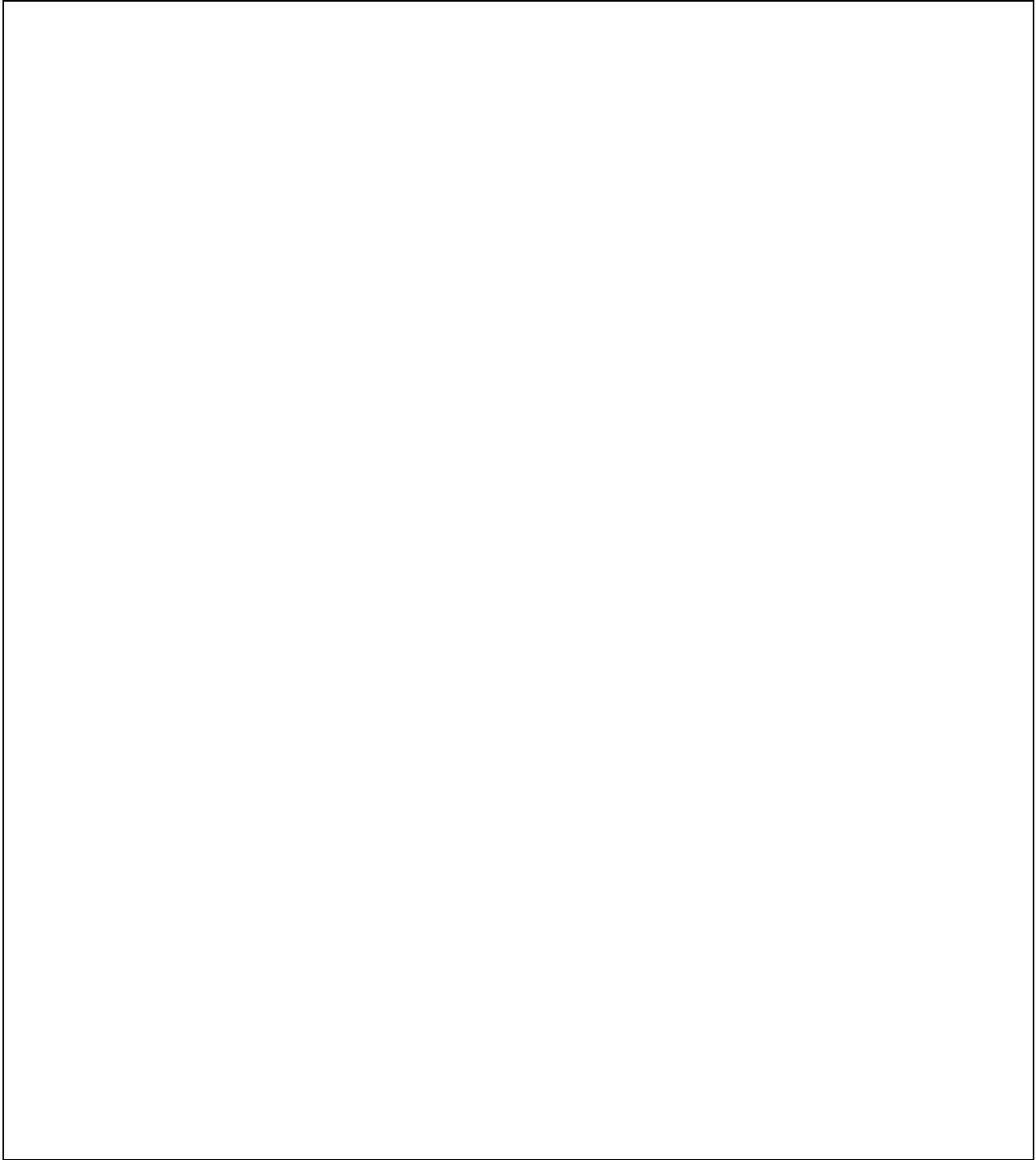
Describe how you can incorporate your 5 senses into your script:

SIGHT	
TOUCH	
SMELL	
HEAR	
TASTE	

Describe how you are feeling:

PHYSICALLY	
MENTALLY	
EMOTIONALLY	

Write out your visualization script:

A large, empty rectangular box with a thin black border, intended for the user to write their visualization script. The box is centered on the page and occupies most of the vertical space below the instruction.

When will you practice your visualization?